



Module 7 – Understanding Kidney Lab Tests

Kidney Function Family: Measures how well my kidneys are working		
Name of Test	Target Range	Record Tests
Blood urea nitrogen (BUN)	<ul style="list-style-type: none"> • 5 to 25 mg/dL: healthy adults • 60 to 80 mg/dL: people on dialysis 	Date:_____ Level:_____ Date:_____ Level:_____ Date:_____ Level:_____ Date:_____ Level:_____ Date:_____ Level:_____ Date:_____ Level:_____
Creatinine	<ul style="list-style-type: none"> • 0.5 to 1.5 mg/dL: healthy men • 0.5 to 1.3 mg/dL: healthy women • 10 to 18 mg/dL: people on dialysis 	Date:_____ Level:_____ Date:_____ Level:_____ Date:_____ Level:_____ Date:_____ Level:_____ Date:_____ Level:_____ Date:_____ Level:_____
Glomerular filtration rate (GFR)	<ul style="list-style-type: none"> • Normal: 90+ • Kidney failure: Less than 15 KDOQI™ Clinical Practice Guidelines have listed five <i>Stages of Chronic Kidney Disease</i> according to GFR: Stage 1: ≥90 Stage 2: 60-89 Stage 3: 30-59 Stage 4: 15-29 Stage 5: <15 (dialysis or transplant) *GFR is reported in mL/min/1.73 m ²	Date:_____ Level:_____ Date:_____ Level:_____ Date:_____ Level:_____ Date:_____ Level:_____ Date:_____ Level:_____ Date:_____ Level:_____